



# Methodist Home for Nursing & Rehabilitation- Newsletter

Summer 2013

## Music & Memory Project Comes to Methodist

Thanks to the extraordinary efforts of **Melissa Bauman and Christ Church** we are thrilled to announce our participation in the Music & Memory—Person Centered Music Program.

This program is made possible through the fundraising efforts of Mrs. Bauman and Christ Church in addition to a grant from I199SEIU Labor Management Project and the Quality Care Committee.

We will be able to add to the 15 existing IPODS so that every resident will have their own device loaded with their individual music selec-

tions. The program allows those struggling with Alzheimer’s disease and Dementia and other cognitive and physical issues to reconnect with the world through music and the memories that their favorite music selections trigger.

Research has shown that music can reduce agitation in dementia residents, lessen anxiety, reduce pain and can even create less reliance on anti-psychotic medications and improve the resident’s overall quality of life.

### IPOD PROGRAM COMES TO METHODIST HOME

Thank you **Melissa Bauman and Christ Church** for your kind generosity as always. You have made Methodist Home the special place it is through your continued support and generosity.



Newsletter Date—August 2013



Nurses Week 2013 was celebrated in May and we would like to thank all our caregivers and those that supported this special tribute!! Thank you.....

## Music at Methodist—Classical Music Series

Methodist Home for Nursing & Rehabilitation is pleased to present a three part classical music series featuring the “di vi sion” Piano Trio. Our first concert was held on August 4th in the Great Room. The di vi sion

trio is comprised of members Kurt Briggs on violin, Matt Goeke on Cello and Renee Briggs on Piano. Individually, the di vi sion piano trio members have performed as soloists in recitals in New York and Paris; concerto per-

formances throughout the New York Metropolitan area and stage roles off and on Broadway. The music filled the room with beautiful melodies and the residents as well as families and visitors were mesmerized by the sound. Our next concert will be in November. Please join us.





## MEET OUR NEW ACTIVITIES TEAM

As many of you already know, Methodist Home welcomes new members to our Activities Team. Let's welcome Helen Baez O'Brien our new Director of Recreational Therapy. Helen has a degree in both Recreational Therapy and Psychology as well as a specialized certification to work with residents with Dementia. One of Helen's many goals for her department is to have a team of recreation therapists provide quality programming for

both low and high functioning residents and to get residents "excited" about the programs and activities offered at Methodist Home. She brings years of expertise and an exciting enthusiasm.



### Meet David Levitt

Meet David Levitt (our own "Music Man") who has a rich family musical history specializing in the Klezmer Music Style which originated in Eastern Europe. David has a Master's Degree in Music and has brought his love of music to Methodist. He has already started a Resi-

dent Choir, a Men's Group and brings the joy of music to residents through his strolling minstrel visits. He said he is happy to enhance a diverse team of professionals which possess a unique set of strengths. David, welcome to Methodist, we are happy to have you here.



### Meet Nicolemarie McCarroll

Welcome Nicolemarie McCarroll to Methodist Home for Nursing and Rehabilitation. Nicolemarie joins us with previous experience from Sprain Brook Manor. Nicolemarie has specific goals for the department and wants to make the residents feel like they are home baking bread on the floor two to three times a week, an arts and crafts program (for example making floral arrange-

ments for the dining room) and paintings to hang in their rooms as well as inspirational discussions and a light exercise program. She hopes to introduce a change of scenery and routine.

We want to welcome all three new team members to Methodist and support all your efforts for a new and exciting Activities Program.



## Congratulations to Employee of the Quarter—Christine Vahey

Congratulations to Christine Vahey part of the Activities Team who was honored to win “Employee of the Quarter”. Christine portrayed her true team spirit during the departmental transition.

Christine is the Activity Leader on the fifth floor and has been at Methodist Home for

Nursing and Rehabilitation for over 10 years. We are proud of you Christine and we appreciate all you do for our residents each and every day.

Congratulations Christine !!!



Caption

## Foundation for Hospital Art Donates Mural to Methodist Home

We would like to thank the Foundation for Hospital Art for donating a hand painted Mural to our home. The Foundation for Hospital Art’s mission is to bring comfort and hope through art to people in health care facilities around the world. Since

1984 they have donated 40,000 paintings to over 4,000 hospitals in 195 countries. Each is hand painted . Their motto is: “Painting a Brighter World” and they certainly have brightened Methodist with their donated mural. Thank you so much!!



## Wedding Bells are Coming to Methodist

Love has bloomed at Methodist Home. Two devoted family members (daughter of Pauline Americo—Linda Americo and son of Nettie Maffei—Michael Maffei) who visit their mothers regularly met here at Methodist—love bloomed and now we will be having a wedding

in our chapel. Linda and Mike will be married here in September so that both their mothers can be present at this most joyous event. Congratulations and thank you for letting us be a part of your special day!





**Methodist Home**  
for Nursing & Rehabilitation

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**Visit our website:**  
[www.methodisthome.org](http://www.methodisthome.org)



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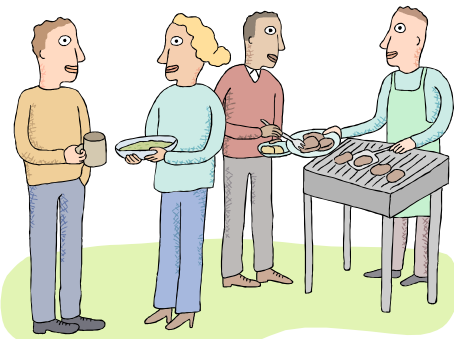
**Mission Statement**-The Methodist Home for Nursing and Rehabilitation is dedicated to providing a comfortable, intimate haven for men and women in need of skilled nursing and rehabilitative care. The Home's services and programs promote health, dignity and independence to those we serve directly and to our extended community.

**Philosophy** -As a non sectarian, non-profit residence, the Home is grounded in the vision of the seven Methodist women who founded it in 1850. We are dedicated to ensuring the best quality of life for individuals affected by illness or injury with a wide range of medical, nursing and rehabilitation services. Personalized and compassionate care is offered within the intimate, comfortable setting of our historic dwelling.



## Upcoming Events and other Worthy News:

Events coming up in the Fall. On Saturday September 7th, from 12-2PM will be hosting the **Year End Barbecue** as well as **Grandparents Day**. There will be lots of fun activities such as face painting for the kids etc. Please



join in on the fun.

On September 25th at 2 PM we will be having a Memorial Service in the Chapel where we will honor all our friends and loved ones we have lost.

We have re-furbished our Main Dining Room with a whole new look and a brand new floor and new table linens. Enjoy!!!! Also the dining/day rooms on the floors have received new furniture and window treatments.

Our **Annual Gala** which is our most important fundraising event of the year, will be held on October 24th, 2013 at the Glen Island Harbour Club in New Rochelle, NY . Our theme this year is: "An Evening Under the Stars". In con-

junction with the Gala we will be conducting a raffle at the front desk in the lobby of Methodist Home for an IPAD mini.

Please support Methodist Home for Nursing & Rehabilitation in this yearly event which has helped us continue to provide the best care and quality service to all our residents.

Through this fund raising effort, we have been able to enhance the physical plant and provide additional programs for all to enjoy.

