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Native American
Olympian decathlete,
pentathlete and multisport professional
player Jim Thorpe
was born in May,
1887, in Prague,
Oklahoma.

Notable Quotable

"Just close your eyes—and think of England."

~ Queen Victoria

May Horoscopes and Birthdays

In astrology, those born between May 1–20 are Taurus' Bulls. Bulls are hardworking, ambitious, honest, and dedicated to finishing tasks. Once the work is done, a Taurus expects to enjoy the fruits of their labor.

Those born between May 21–31 are Gemini's Twins. They have two distinct sides to their personality: sociable and ready for fun, or serious and thoughtful. Sometimes they feel as if one half is missing, so they forever seek new friends.

Marie Robinson	5/1
Rosa Lozano	5/4
Nereida Cruz	5/6
Stephen Cohen	5/7
Mary Epstein	5/9
Pedro Rodriguez	5/9
Dorothy Delaney	5/13
Audrey Salas	5/14
Kathryn Davis	5/19
Margaret Green	5/21
Ralph D'Amico	5/29
Gregory Philips	5/29
Lorraine Kyprios	5/31

Resident Spotlight: Vincent Furman



If you've spent any time at Methodist, you may have seen Vincent Furman, better known as "Vinnie", zipping around the premises in his snazzy motorized chair, on his way to lunch, Chapel, or any number of Methodist Home activities. Mr. Furman has the distinction of being the resident with the longest stay here at Methodist, clocking in at 18 years! Born in Parkchester, New York, his mother worked for the New York Central Railroad until his birth, and his father worked for the Uniformed Fireman's Association.

He was named Vincent after a man who was high up in the Fireman's Association who his father admired greatly. Growing up, Vincent enjoyed listening to Big Band music and Jazz, following politics, and studying Geography in school. When asked what his earliest memory was, he smiled and said it was dancing around the house with his grandmother, Mary. He also has fond memories of the first trip he ever took, a field trip to the Museum of Natural History, where he was impressed by the giant blue whale that hangs from the museum's ceiling.

Mr. Furman came to Methodist in 2000. For many years until her passing, his sister, Grace MacDonald, resided in the room next door, and they were great friends. Mr. Furman has had the time to get to know many people at Methodist, especially since he is in attendance at virtually every activity we have! The activities he enjoys the most are the political discussions, and also the intensity of Ayton's Court Trials. He also loves having a private room, as he had to share a room at a previous home. Mr. Furman is a great presence at Methodist, and we look forward to seeing him here, there, and everywhere for many years to come!

Methodist Home Newsletter

May 2018





4499 Manhattan College Parkway Riverdale NY 10471 718-548-5100

Celebrating May

Global Health and Fitness Month

Gifts from the Garden Month

International Firefighters Day May 4

> Wildflower Week May 7–13

Mother's Day Brunch. May 13

Museum Day
May 18

Ride a Unicycle Day May 20

Memorial Day (U.S.) May 28 May is a very special month. We celebrate Mother's Day but also Nurses Week and Nursing Home week. Below are some of the activities we are having to honor these occasions. Don't forget to rsvp for our Mother's day brunch on Sunday May the 13th.



Tuesday, May 8th: Breakfast for all staff to honor nurses

Wednesday, May 9th: Blessing of the Hands for all Nursing Staff

Thursday, May 10th: Nurses Inspiring the Lives of Others

Friday, May 11th: Celebrating Nurses Around the World



Monday, May 14th: Show and tell. Residents, staff, and family members will bring and discuss an item that is significant to them.

Tuesday, May 15th: Art Show Residents & staff will make or bring a painting, drawings, clay sculptures or other art projects that showcase an important event or person in their life. Residents will vote on the best art piece

Wednesday, May 16th: Scavengers Hunt. Residents and staff must collaborate to find the answers to the clues in order to complete the list of questions scattered thought out the unit.

Thursday, May 17th: BBQ for all staff.

Friday, May 18th: Celebrating Your Life Stories. Residents and staff will share advice, poetry, or a short anecdote. Submitted photos will be projected on a slideshow during the celebration. Refreshments will be served.

Chaplain's Corner

I would like to thank all residents and staff who participated in the Lenten/Easter and Passover programs. Your support helped make them opportunities for education, prayer, and remembrance. They were also times to refresh our faith and spirituality.

The month of May provides other opportunities to refresh our spirits: The National Day of Prayer in the US is celebrated on May 3rd. The theme this year is "Unity". It is also the Jewish Lag B'Omer, linking Passover and Shavuot. The Ascension of Jesus Christ is celebrated on May 10th by Christians. The beginning of month-long Ramadan in Islam marks the giving of the Qur'an to Mohammed. On May 20th, Shavuot and Pentecost are celebrated. Shavuot is the giving of the Ten Commandments to Moses in Judaism. Pentecost is the Christian celebration of the Holy Spirit.

Here in Methodist Home, our May calendar includes Worship services 11AM each Wednesday and 2pm each Sunday Mass in the second floor Chapel. Shabbat candle lighting is every Friday, 3:30pm in the Great Room on the Second Floor.

Special programs are Wednesday, May 9th, 2:30pm, where Imam Adam Adamu will provide a program on Ramadan in the Main Dining Room, and Friday, May 18th, with a 2:30pm program on Shavuot and Pentecost in the Main Dining Room. The Rosary group will meet at 11 AM in the Chapel on Monday May 7th, and Monday, May 21st.

In this spirit of the National Day of Prayer, I offer one of my favorite prayers from the Sarum Primer, 1527: God be in my head, and in my understanding; God be in mine eyes, and in my looking; God be in my mouth, and in my speaking; God be in my heart, and in my thinking; God be at mine end, and at my departing.

Blessings,

Chaplain Janet



Proud Navy veteran Gregory Phillips, R, plants daffodils during the resident trip to the New York Botanical Gardens on April 11th.

April Highlights

April began with the celebration of Easter Sunday on the 1st of the month. On the 4th, Rabbi Burton presided over a Passover observance, delving into the history and meaning of the holiday.

The Meyers Family classical ensemble performed once again on the 7th, followed the next day with a visit and show by the neighborhood's own Riverdale Choral Society. Festive hats were donned on the 10th, for our annual April Showers party, put on by the Methodist Home Auxiliary. A talented singer played hits on guitar and harmonica, and was very much enjoyed.

On the 17th, students from Manhattan College presented skits and songs in the Great Room, then toured and visited the facility. Frank D'Ambrosio entertained at the birthday party on the 18th, and David Levitt brought his talented young music class pupils to play a variety of songs to a large crowd on the 23rd. Rounding out the month, the annual Methodist Home Gala, held at the beautiful Glen Island Harbour Club in New Rochelle, was a huge success.

Musical Methodist: Methodist believes in the power of music and prides itself in featuring a variety of musical guest entertainers each month. On the left, David Levitt conducts his students, ranging from age 9-13 through a list of well-known songs, such as Twinkle, Twinkle Little Star, as well as popular contemporary hit, Havana. On the right, the Riverdale Choral Society performs.





Mother May I?

Sunday, May 13 is Mother's Day in the United States, Australia, and Canada. In Mexico, *Dia de las Madres* is Thursday, May 10. In France, *La Fête des Mères* is Sunday, May 27. After Christmas and Easter, Mother's Day is the third-most celebrated holiday in the world, but the way mothers are honored differs from place to place.

In the United States, the most typical gift given to mom is a Mother's Day card and flowers. It may come as no surprise that the vast majority of Mother's Day cards—80% in fact—are not bought by men but by women. A mother's job is never done, it seems, not even on Mother's Day.

Mother's Day wasn't always celebrated by buying cards, flowers, chocolates, and jewelry. It was Anna Jarvis who fought to establish the national holiday. Jarvis was inspired largely by her own mother, who had organized "Mother's Day work clubs," where women would tend to soldiers wounded during the Civil War and

tackle problems that led to infant mortality. Indeed, Jarvis proposed Mother's Day as a day to honor women like her mother, who had played greater political roles for the benefit of society. She was disgusted when her holiday turned into a commercial bonanza for those hawking flowers and candy. Jarvis spent her life fighting what Mother's Day had become.

In most countries these days, Mother's Day is celebrated by showering gifts and attention on mom. In Mexico, it is tradition on Dia de las Madres to serenade mom in the morning before church and then prepare dinner for her. France's La Fête des Mères originated as a way for the French government to honor the mothers of large families with a gold medal. It was a means to encourage French women to have more children and repopulate the country after World War I. By the 1950s, consumer appeal and a rising birth rate transformed the holiday into one more commercially aligned with the United States. And why not take one day out of the year to recognize their vital importance?



The value of a mother's tasks has been estimated to be worth \$67,619 per year.