



May Horoscopes and Birthdays

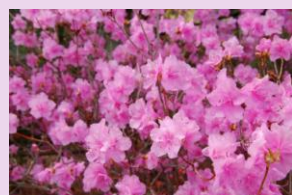
In astrology, those born between May 1–20 are Bulls of Taurus. Bulls are stable, reliable, and committed in both work and family. Bulls also appreciate love, beauty, and creativity. Those born between May 21–31 are Gemini's Twins. Twins have two distinct and alluring sides to their personality: sociable and ready for fun, or serious and thoughtful. Sometimes they feel as if one half is missing, so they forever seek new friends.

Marie Robinson	05/01
Lawrence Hammer	05/02
Anna Moros	05/05
Nereida Cruz	05/06
Mary Pellet	05/06
Andrew Sandler	05/08
Kathryn Davis	05/19
Margaret Green	05/21
Lola Daughtry	05/24
Gregory Philips	05/29
Michael Walsh	05/31



“God be in my head,
and in my understanding;
God be in mine eyes,
and in my looking;
God be in my mouth,
and in my speaking;
God be in my heart,
and in my thinking;
God be at mine end,
and at my departing.

**SARUM PRIMER,
1527**



Chaplain's Corner *By Chaplain Janet Martin CT, CDP*

I would like to thank all residents and staff who made the Passover Seder a huge success! It was an educational as well as prayerful time of renewal and remembrance.

The theme of renewal is also plentiful during the month of May. In its own way, each religion marks the giving of fundamental teachings. As we study, as we learn, as we believe, each one of us has the potential to re-new, re-create, re-surrect ourselves to live in new ways. Here are the interfaith celebrations:

The beginning of Ramadan in Islam, marking the giving of the Qu'ran to Mohammed. There is Shavuot, the giving of the Ten Commandments to Moses in Judaism. This year, it is very near the Christian and Catholic celebration of the Holy Spirit for Pentecost on June 4th. There is the Ascension of Jesus Christ celebrated by Christians and Catholics. Buddhists also celebrate the life and knowledge of Buddha this month.

Here at the Methodist Home, our May calendar will have events to mark these Interfaith celebrations:

Wednesday, May 3: HolyArt, 2:30pm Main Dining Room with projects to celebrate May holidays.
Wednesday, May 31: Plays and discussion for Pentecost, Shavuot and Ramadan

A new discussion group will be starting on the Second and Fourth Mondays of each month [1:30pm in the Chapel] on "Biblical Life, Times and People". Several residents have requested this topic. If you are interested, please contact Recreation staff or the Chaplain. There is also the Interfaith Day of Prayer on May 4th.

Interfaith Calendar

- 1 Beltane - Samhain * - **Wicca/Pagan** Northern and Southern hemispheres
Yom Ha'Atzmaut - **Jewish**
- 2 Twelfth Day of Ridvan * - **Baha'i**
- 3 Saints Philip & James - **Christian**
- 4 National Day of Prayer - USA - **Interfaith**
- 10 Visakha Puja - Buddha Day ** - **Buddhist**
- 12 Lailat al Bara'ah * - **Islam**
- 14 Lag B'Omer * - **Jewish**
- 23 Declaration of the Bab * - **Baha'i**
- 25 Ascension of Jesus - **All Christians**
- 27 **Ramadan begins** * - **Islam**
- 29 Ascension of Baha'u'llah * - **Baha'i**
- 31-June 1 Shavout * - **Jewish**

Methodist Home for Nursing & Rehabilitation

May 2017



4499 Manhattan College Parkway
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Phone: (718) 548-5100

www.methodisthome.org

**Celebrating
May**

**Clean Car
Month**

Inventors Month

**Teacher Day
May 2**

**Astronaut Day
May 5**

**Cherish an
Antique Day
May 9**

**International
Nurses Day
May 12**

**Mother's Day
May 14**

**Endangered
Species Day
May 19**

**World Lindy
Hop Day
May 26**

**Memorial Day
(U.S.)
May 29**

Mother's Day Brunch at the Methodist Home

You're Invited
To Join Us
For
Mother's Day Brunch

~Menu~
French Toast with
syrup and fresh berries
Quiche Lorraine
Seasoned Potatoes
Pork Sausage
Fresh fruit cocktail
Assorted Pastries
Coffee, tea, mimosas

Sunday, May 14, 2017 12:00 pm
In the Main Dining Room
Cost \$15 per guest, residents are free
RSVP to Andrew (718) 732-7119
By May 7th

Nurses Week and Nursing Home Week



AMERICAN NURSES ASSOCIATION

**Nursing: The Balance of
Mind, Body, and Spirit**

The Methodist Home for Nursing and Rehabilitation is proud to celebrate its hardworking nursing staff during Nurses Week from May 6- 12. Congratulations to all our nursing staff!

In addition to this, the Home will celebrate National Nursing Home Week from May 14-20. Several activities and programs engaging residents and staff will be taking place during this festive week. Please refer to the Activities Calendar for more information.

National Nursing Home Week
MAY 14-20, 2017





From l to r: Dr. Jeffrey Geller, Maria E. Perez, David Stampley, Genevieve Castillo, Ann Wyatt and Edward J. Brown



From l to r: Genevieve and Eugene Castillo, Vivian Grefaldeo, Miraluna Mirasol, Margarita Caingot, Rodrigo Reyes and Rachelle Abuda

“Focus on the Future” Gala

The Methodist Home celebrated its Annual Fundraising Gala “Focus on the Future” on Thursday, April 27, 2017. Approximately 180 guests were in attendance and joined the Home’s Board of Directors and Administration to commemorate 167 years of service.

The gala honored Edward J. Brown, who received the Lifetime Achievement Award; Ann Wyatt who was honored with the Community Service Award; our own Genevieve Castillo who received the Staff Excellence Award and Dr. Jeffrey Geller, who was awarded with the Leadership Impact Award.

The evening was very pleasant. Guests enjoyed the music of the Paul Hefner Band and a fabulous

cocktail hour and dinner at the Glen Island Harbour Club in New Rochelle.

Winners of the Focus on the Future raffle were:

- Irma Iglesias - \$500 Cash
- Ilana Avinari – Broadway Tickets and Dinner in NYC
- Rich Simone – Annual Family Membership to the MOMA.

Mike Pepe – Ipad Pro

We would like to take this opportunity to thank all of you who supported this event with the purchase of tickets or Ads in the virtual journal. A special thank you to the volunteers who contributed to making this event a success: Dorothy Silin, Javier Enriquez, Elizabeth Coley and Kenni-Marie Baez.

Our Residents Enjoyed “Legally Blonde”



On April 19th, several of our residents attended the play “Legally Blonde” at Manhattan College. The Broadway-style play was great. A live orchestra played the music for the performance. The residents had a fantastic time.

April Showers Event

On April 4th, the Auxiliary at the Methodist Home threw a beautiful “April Showers” event for our residents featuring hats for everyone and musical entertainment. The residents enjoyed some nice afternoon tea with mini sandwiches and other treats.

Other Events for Our Residents



On April 10th, our residents attended a very important presentation by a representative from Edward Jones about how to prevent being scammed.

On April 12th, our residents enjoyed an Easter Play put together by our very dynamic Therapeutic Recreation Department.



We Welcome Our New Employees:

Dietary

Destiny Rodriguez, Dietary Aide

Nursing

Juliana Acquah, Certified Nursing Assistant
Sonia Blackwood, Certified Nursing Assistant
Simone Folkes, Certified Nursing Assistant
Rachelle Anne Abuda, Nurse Manager 3rd Floor

Social Services

Julia Joachim, Director of Social Services

Environmental Services

Harry Rivera, Housekeeping Aide



About Mother’s Day...

Mother’s Day is a holiday honoring motherhood that is observed in different forms throughout the world. The American incarnation of Mother’s Day was created by Anna Jarvis in 1908 and became an official U.S. holiday in 1914. Jarvis would later denounce the holiday’s commercialization and spent the latter part of her life trying to remove it from the calendar. While dates and celebrations vary, Mother’s Day most commonly falls on the second Sunday in May and traditionally involves presenting mothers with flowers, cards and other gifts.



History of Mother’s Day

Celebrations of mothers and motherhood can be traced back to the ancient Greeks and Romans, who held festivals in honor of the mother goddesses Rhea and Cybele, but the clearest modern precedent for Mother’s Day is the early Christian festival known as “Mothering Sunday.”

Once a major tradition in the United Kingdom and parts of Europe, this celebration fell on the fourth Sunday in Lent and was originally seen as a time when the faithful would return to their “mother church”—the main church in the vicinity of their home—for a special service. Over time the Mothering Sunday tradition shifted into a more secular holiday, and children would present their mothers with flowers and other tokens of appreciation. This custom eventually faded in popularity before merging with the American Mother’s Day in the 1930s and 1940s.

The official Mother’s Day holiday arose in the 1900s as a result of the efforts of Anna Jarvis, daughter of Ann Reeves Jarvis. Following her mother’s 1905 death, Anna Jarvis conceived of Mother’s Day as a way of honoring the sacrifices mothers made for their children.

From History.com

After gaining financial backing from a Philadelphia department store owner named John Wanamaker, in May 1908 she organized the first official Mother’s Day celebration at a Methodist church in Grafton, West Virginia. That same day also saw thousands of people attend a Mother’s Day event at one of Wanamaker’s retail stores in Philadelphia. Following the success of her first Mother’s Day, Jarvis—who remained unmarried and childless her whole life—resolved to see her holiday added to the national calendar. Arguing that American holidays were biased toward male achievements, she started a massive letter writing campaign to newspapers and prominent politicians urging the adoption of a special day honoring motherhood. By 1912 many states, towns and churches had adopted Mother’s Day as an annual holiday, and Jarvis had established the Mother’s Day International Association to help promote her cause. Her persistence paid off in 1914 when President Woodrow Wilson signed a measure officially establishing the second Sunday in May as Mother’s Day.

Anna Jarvis had originally conceived of Mother’s Day as a day of personal celebration between mothers and families. Her version of the day involved wearing a white carnation as a badge and visiting one’s mother or attending church services. But once Mother’s Day became a national holiday, it was not long before florists, card companies and other merchants capitalized on its popularity. In the United States, Mother’s Day continues to be celebrated by presenting mothers and other women with gifts and flowers, and it has become one of the biggest holidays for consumer spending. Families also celebrate by giving mothers a day off from activities like cooking or other household chores.

Did You Know?
More phone calls are made on Mother’s Day than any other time of the year. This holiday chats with Mom often cause phone traffic to spike by as much as 37 percent.