



French mime legend Marcel Marceau was born on March 22nd, 1923. As a young man, Marceau worked with the French Resistance.

Notable Quotable

“It may be the cock that crows, but it’s the hen that lays the eggs.”

- Margaret Thatcher, British prime minister



March Horoscopes and Birthdays

In astrology, those born between March 1–20 are Pisces. Friendly and selfless, Fish are always willing to help others with their hearts on their sleeves. Pisces use their intuition to make deep connections with other living beings. Aries’ Rams are born between March 21–31. As the first sign of the zodiac, Aries are energetic and assertive initiators. With bravery, zeal, and speed, they jump headfirst into life, confident that they can navigate any challenges.

| | |
|------------------|------|
| Edith Edwards | 3/2 |
| Herminia Colina | 3/3 |
| Margaret Pistone | 3/6 |
| Queen Allsbrooks | 3/9 |
| Vincent Furman | 3/12 |
| Rachel Rivera | 3/19 |
| Shep Fishman | 3/27 |

Egg-ceptional Spring Traditions *cont. from pg. 1*

When Jews sit together for the Passover Seder on March 30, an egg will adorn the seder plate as a symbol of the ritual offering to the Temple in Jerusalem. Furthermore, the egg symbolizes—you guessed it—life itself. For Christians, Easter is a holiday celebrating the resurrection of Jesus Christ, so using an egg as a symbol of rebirth was a natural choice. The traditional color to dye Easter eggs is red, symbolizing the blood Jesus shed on the cross. In

Macedonia, congregants bring their red eggs to Easter church services, and when the priest proclaims, “Christ is risen,” it is customary to eat the egg as a ritual breaking of the Lenten fast. Elsewhere, in Iran, Persians prepare for their new year, Nowruz, by preparing the *haftseen* their ceremonial table, with symbolic foods and objects, including painted eggs representing fertility. All over the world, people will be looking at eggs in a different light.

Making History, I Presume

David Livingstone may have been a Scottish missionary and physician, but he is most famous for his explorations of Africa during the 19th century. Livingstone was one of the first Europeans to see the Zambezi River and Victoria Falls, cross the continent from west to east, as well as witness the harsh realities of the slave trade, which made him a staunch abolitionist. Livingstone’s travels across the little-known continent made him an international celebrity, and when he disappeared in 1866 on a search for the source of the Nile River, many feared him

dead. American journalist and explorer Henry Morton Stanley mounted an expedition to find him and departed the island of Zanzibar off Africa’s eastern coast on March 21, 1871. Eight months later, with most of his team decimated by disease and the rest having deserted him, Stanley arrived in the village of Ujiji on the shore of Lake Tanganyika. It was there that Stanley saw a bearded white man and said, “Dr. Livingstone, I presume?” Stanley’s presumptuous words became as famous as the old explorer himself.

Methodist Home Newsletter

March 2018



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Celebrating March

Mad for Plaid Month

Women’s History Month

World Compliment Day
March 1

Proofreading Day
March 8

Shakespeare Week
March 12–18

St. Patrick’s Day
March 17

World Poetry Day
March 21

Mom and Pop Business Owners Day
March 29

Egg-ceptional Spring Traditions

With the arrival of spring on March 20th come all the holidays and traditions associated with the end of winter: religious traditions like Passover and Easter, and Nowruz, the Persian New Year. All of these celebrations share an important symbol: the egg.



For millennia, the egg has been an exalted symbol of birth, rebirth, and hope. Ancient Egyptians told stories of the sun god hatching from an egg. Sometimes the sun was considered an egg, laid each day by Seb, a cosmic goose and god of the earth. In Hinduism, the egg represents the makeup of the universe. The shell is the heavens, the white is the air, and the yolk is the earth. In the

Persian story of creation, Good and Evil are locked in an epic battle. When Evil is hurled into an abyss, Good lays an egg, which represents the universe, with Earth suspended from the heavens as a halfway point between Good above and Evil below. Eggs have always been a symbol of the beginnings of the universe and life itself. No wonder that after the long dark of winter, with the return of the sun, eggs are revered as harbingers of life.

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Residents, family, and volunteers enjoy a delicious lunch at the food court during their outing to the Westchester Galleria Mall on February 28th.

CHAPLAIN'S CORNER

March 2018

Greetings to you all, as we welcome the third month of this year! March is a time for our spiritual and religious preparation and renewal. There are many diverse ways that our faith and beliefs can be found, can be strengthened, can be lived, can be shared. Let us celebrate this diversity together. Please consult your calendars for the activities Chaplain Janet, Father Luke and all in Recreation have planned. Here is a snapshot:

- Lent continues with 11AM Wednesday Christian Chapel services and 2pm Sunday Catholic Mass. All are welcome.
- Stations of the Cross are in the Chapel for individual meditation daily.
- Lenten study resources are available for your personal devotions in the Chapel and on the floors.
- Stations of the Cross Rosary will be recited each Friday 1:30pm during Lent in the Chapel. All are welcome.
- Rosary group will meet 11am in the Chapel on Monday March 5 and March 19. All are welcome.
- Bible Study and Spirituality groups will meet in the Chapel.
- During Holy Week, there will be Good Friday service 11am on March 30th.
- Fr Luke will celebrate Easter Sunday Mass, 2pm Sunday April 1
- Purim was celebrated on Thursday, March 1st.
- Passover begins March 30th with our 2:30pm Seder.
- Every Friday at 3:30pm in the Great Room join us for Shabbats candle lighting.

Let us join together to share in this season of preparation and celebration.

Blessings,
Chaplain Janet Martin, CT, CDP



On Monday, February 26th, staff is treated to a well-deserved luncheon to celebrate Methodist Home passing the state review with flying colors in January.



Bobby Liggio, who has been playing and singing old favorites at Methodist for many years, entertains in the main dining room for the February birthday party on the 27th.

In addition to the Valentine's party and the monthly Birthday get-together, Methodist residents were treated to a reading of a time-travelling three-part short story, *A Season on the Pufferbelly*, over the course of the first week of the month. In it, the rules of time and space are broken, as characters get a chance to go back in time to visit with a loved one.

All throughout the month, a variety of daily activities were held in the main dining room and on each of the floors, including Cash Bingo every Saturday, Anagrams, Ayton's Court Trials, and art lectures, along with weekly Shabbats observances, Rosary group, Catholic Mass and Bible Study group.

Coming up in March...

- The Meyers Family will treat us to a classical music performance in the Great Room on Saturday, the 10th, and again to round out Palm Sunday on the 25th.
- Mr. Richard Pltti will play his strolling music on Sunday, the 11th.
- March birthday residents will be celebrated on the 14th.
- Whether you're Irish or not, come and revel at the St. Patrick's Day party on Saturday the 17th!
- Chaplain Janet Martin will head a Passover observance on the 30th. Non-Jewish folks are welcome to take part.



Lee Perry Gross takes requests and delights the crowd at the annual Valentine's Day party, held on...you guessed it! February 14th.