



Notable Quotable

"I think the reason I was successful is that I was never cynical."

~ Legendary Taurus Carol Burnett, comedienne, born April 6th, 1933

April Horoscopes and Birthdays

In astrology, those born between April 1st–19th are Aries' Rams. As the first sign of the zodiac, Aries are energetic initiators. With bravery, zeal, and speed, they jump headfirst into life, confident they can navigate any challenges.

Those born between April 20th–30th are Taurus' Bulls. Bulls are hardworking, ambitious, honest, and dedicated to finishing tasks. Once the work is done, a Taurus fully expects to enjoy their rewards for a job well done.

Elsie Kubowitz 4/02
Frank Barnett 4/04
Rafael Vargas 4/07
Elaine Jaroszewicz 4/10
Sally Horn 4/10
Clyde McDaniel 4/16
Joan Vivanco 4/16
Lucille Wynter 4/19
James Cashin 04/20
Steven Spear 4/22
Howard DiMartino 4/22
Gloria Johnson 4/25
Hollis Brown 4/28
Rita Meighan 4/30

Frogs of the Amazon *continued from pg. 1*

Amazon is making headlines for its healing properties. Local tribespeople burn a small part of their skin and apply the toxin so that it is quickly absorbed into the bloodstream. After a few moments of serenity, the poison causes sensations of suffering, which leads to vomiting. Practitioners claim that the experience cures everything from depression to drug addiction and high blood pressure. Researchers continue to add more

frogs to this list of amazing creatures. Nearly one year ago, scientists discovered two new clown frog species, quite a surprise considering that only two species were known to exist. As recently as last November, researchers came upon the jaguar-snouted tree frog in the middle of an abandoned road. This is an entirely new species that, sadly, may already be endangered. This is some food for thought on April 28, Save the Frogs Day.

March Highlights...and Coming Up in April

March started off with the observance of the Jewish holiday of Purim, which celebrates the saving of the Jews by Queen Esther. On the 10th and 25th, the Meyers Family entertained with their classical music. The Meyers have only been performing with us for a short while. After a loved one had been treated here at Methodist for rehab, they were so impressed with the treatment their family member had received, they wanted to give back by sharing their musical talents! Singing duo Senior Moments played on the 27th. Favorite performer Frank D'Ambrosio brought smiles to the faces of the birthday party guests with his singing and guitar-playing on the 14th, and the Irish spirit was in full effect at the St. Patrick's Day party on the 17th. On the 30th, an Interfaith Passover observance closed out the month, along with the many observances of Holy Week.

April begins with Easter celebrations, and continues with a host of great activities. The Meyers Family will return on the 7th, followed by a performance by the Riverdale Choral Society on the 8th. Other activities include the Art of Coloring in the middle of the month, another dramatic installment of Aytan's Court Trials on the 27th, numerous discussions and games, a wine tasting, trips back in time to the 60's and the 40's, and Cash Bingo continuing on most Saturdays. All are encouraged to come and take part in these daily events. See you there!

Methodist Home Newsletter

April 2018



4499 Manhattan College Parkway
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Celebrating April

Jazz Appreciation Month

Physical Wellness Month

Easter April 1

World Party Day April 3

Barbershop Quartet Day April 11

National Coin Week April 15–21

Earth Day April 22

Richter Scale Day April 26

Frogs of the Amazon

Most people know that the Amazon is the world's largest rain forest. It covers 2.72 million square miles—almost the size of the 48 contiguous United States—and touches the countries of Brazil, Peru, Colombia, Venezuela, Ecuador, Bolivia, Guyana, Suriname, and French Guiana. The Amazon represents more than half of the world's remaining rain forest, home to an estimated 390 billion individual trees. It is within this magnificent forest that we find another of nature's marvelous animals: the frog. Scientists are not sure how many frog species inhabit the Amazon, but every year they are finding more. The latest estimate stands at 1,000 different frogs, toads, and tree frogs, which give us

1,000 reasons to celebrate April as Frog Month.

Perhaps the best recognized frog of the Amazon is the poison dart frog, the brilliant celebrity of the rain forest. These amphibians get their name from the indigenous tribes of the Amazon who dip their darts in the frog's poison to kill their prey. Another poisonous frog from the Peruvian

continued on pg. 4



A Pocketful of Poetry

If you are unsure of how to celebrate Poetry Month in April, then just wait until April 26, Poem in Your Pocket Day. On this day, choose a poem and carry it with you all day to work, to school, out shopping, or anywhere you may go. You may choose to share it with others or keep it to yourself, but the power of the poem will be with you all day. Perhaps you will choose a celebration of life, such as Walt Whitman's *Full Of Life, Now,*

a hymn to nature, such as John Clare's *All Nature Has a Feeling*; a poem about poetry like Archie MacLeish's *Ars Poetica*, or a unique take on love, such as *Heart to Heart* by Rita Dove. Perhaps you won't choose a poem at all but your favorite song lyrics, which you can sing to everyone you meet. Remember, poems, like songs, are meant to be heard, so do not shy away from sharing your special words.



Everyone was Irish for a day on the 17th, when guests enjoyed refreshments and live musical entertainment at the annual St. Patrick's Day party.



CNA Junalyn Cooper was the recipient of the Employee of the Quarter award for 4th Quarter 2017. (Left –Right) CEO Maria Perez, Operations and Compliance Manager Arnel Tirado, award-winning CNA Junalyn Cooper, and Genevieve Castillo, Director of Nursing.

5th Floor resident Ms. Muriel Powell checks out the table, set for the Passover Seder on March 30th.



Chaplain's Corner

Greetings and Happy Spring!

The weather is beginning to feel like Spring, and the trees and flowers are preparing to bloom from their Winter dormancy. Gardeners are fertilizing the grass and plants to help them grow.

So it is with us! There are many ways to enrich our souls and deepen our faith and spirituality so they will bloom!

We meet for Christian Chapel 11AM on Wednesdays. Interfaith Bible study and Spirituality Group meets 1:30pm on Monday and Wednesday. Other worship opportunities are Catholic Mass with Fr Luke, 2PM on Sunday, and Shabbas lighting at 3:30PM Fridays in the Great Room . Check your calendars for the dates of the Monday Rosary group.

All are welcome to these activities. I hope you will join us!

Blessings,
Chaplain Janet

Always smiling, housekeeper Rosa Cabrera receives the Employee of the Year award. (Left –Right) Andy Munnilal, Director of Engineering and Environmental Services, Arnel Tirado, Operations and Compliance Manager, Rosa Cabrera, Housekeeping, Maria Perez, CEO, and Alejandro Cruz, Environmental Services



Join us in Celebrating 168 Years of Excellence and Distinction

HONORING

Barry Smith, M.D., Ph.D.
Rogosin Institute, President & CEO

Richard Simone
Central Consulting & Contracting, President & CEO

The Methodist Home Auxiliary

THURSDAY, APRIL 26, 2018
Cocktail Reception - 6:30 PM
Dinner - 7:30 PM

GLEN ISLAND HARBOUR CLUB
Glen Island Park, Weyman Avenue
New Rochelle, NY

Live Music & Dancing
Business Attire

Please contact Loudes Santaceuz for tickets & Info (718) 732-7112